

Muscles

Worksheet B

True or False?

1. Skeletal muscles are involuntary muscles which you cannot control.
2. Cardiac muscle is the heart muscle.
3. Tendons attach muscles to the other muscles.
4. The heart is the only organ in human body with cardiac muscle.
5. It takes more muscles to smile than to frown.
6. The lack of fluids or dehydration can cause muscle to cramp.
7. Smooth muscles keep blood moving through your arteries.
8. Endurance is a muscle's ability to reach its maximum strength.
9. The Sartorius in the leg is the longest muscle in human body.
10. If the heart doesn't get enough oxygen, a person's arteries may expand.