

## Food around the world

Class: Middle school/high school

Level: Intermediate/ upper-intermediate.

Time : 45 minutes

Aims:

- To learn about differences in diet around the world
- To talk about Polish cuisine
- To talk about food around the world
- To learn about British dishes
- To learn how to compare information
- To learn vocabulary connected with food and nutrition
- To look for specific information on the internet
- To read for specific information
- To transfer the information.
- To use web pages

CLIL: Ecology, Biology, Geography

Materials : included photocopies, access to the internet and personal computer, speakers.

STAGE	AIMS	PROCEDURE	CLASSROOM LANGUAGE	TIME	MATERIALS
Introduction	To start the lesson	Check the register /check homework		1 min/ 6 min	
Warm –up activity	To provide students with introduction to the topic	Class brainstorming/ discussion activity	Imagine you are having visitors from England. What dishes would you serve them to introduce them to Polish cuisine? Why?	5 min	
The main part of the lesson	To talk about dishes from around the world	Divide the class into two groups. Ask the students to complete the chart. Monitor the time and when the time is up check the answers. Give point to each group for a correct answer. Sum up the points and name the winning group.	Look at the dishes below and in pairs decide what country they come from. Can you name the main ingredients ? Have you tried any of them ?	7 min	Worksheet 1  Internet
	To talk about different	Put the students into pairs and ask them to discuss	Do you think we eat differently around the world? What is a typical breakfast in England	5 min	

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	eating habits around the world	the questions. Ask for general ideas as a class.	like and what is a typical breakfast in Poland like? Do you think dinner in Kenya is different than dinner in Germany? Discuss in pairs.		
	To analyse information, to learn about differences, to compare	Ask the students to read the questions and explain any difficult language. Give the students time to analyse the photographs and find answers to the questions. Check the answers- remember the answers may vary!	Go to <a href="http://time.com/8515/hungry-planet-what-the-world-eats">http://time.com/8515/hungry-planet-what-the-world-eats</a> and look at the photos of families and their food <ul style="list-style-type: none"> <li>• Who spends the most on their food?</li> <li>• Who consumes the most food?</li> <li>• Who consumes the most processed food?</li> <li>• Who eats wholesome, natural and local food?</li> <li>• Which family has the healthiest diet?</li> <li>• Which family has the most varied diet?</li> <li>• Which family has the most monotonous diet?</li> <li>• Are you surprised by anything in the photos?</li> <li>• What would a photo of your family show?</li> <li>• Do you think that all the food in the pictures gets eaten ?</li> </ul>	20 min	
Wrap- up	To learn about British dishes and their ingredients	Ask the students to search online for photos and description of British dishes .	There are strange dishes in all countries. The British have many dishes with very strange names. In pairs go online and find what these dishes are: toad in the hole • bubble and squeak • spotted dick • Welsh rabbit • pigs in blankets • bangers and mash • stinking bishop • devils on horseback	10 min	Worksheet 1  Internet

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Sources:

<http://time.com/8515/hungry-planet-what-the-world-eats>

<http://learning.blogs.nytimes.com/2008/05/19/clean-your-plate/>