

Worksheet 3 Teacher's notes

1. Volcanic surges of temper until recently were put down to hormones.
2. Now experts believe the brain is to blame.
3. We used to think that human brain was mature by 18 months
4. (CORTEX) That's the part of the brain that makes decision and controls emotions.
5. WE used to think that the human brain was essentially formed at the age of two
6. The brain is still pretty plastic up into perhaps even up to the early twenties.
7. (Cortex) It will oversee emotions
8. The young adolescent brain struggles to read facial expressions
9. Hormones aren't entirely off the hook when it comes to teenage moods
10. 80 percent of teenage skin suffers from whitehead, blackheads,
11. At the exact moment they want to look attractive teenagers start to resemble pizza

Adapted from: https://www.youtube.com/watch?v=wl_owOZr4iw