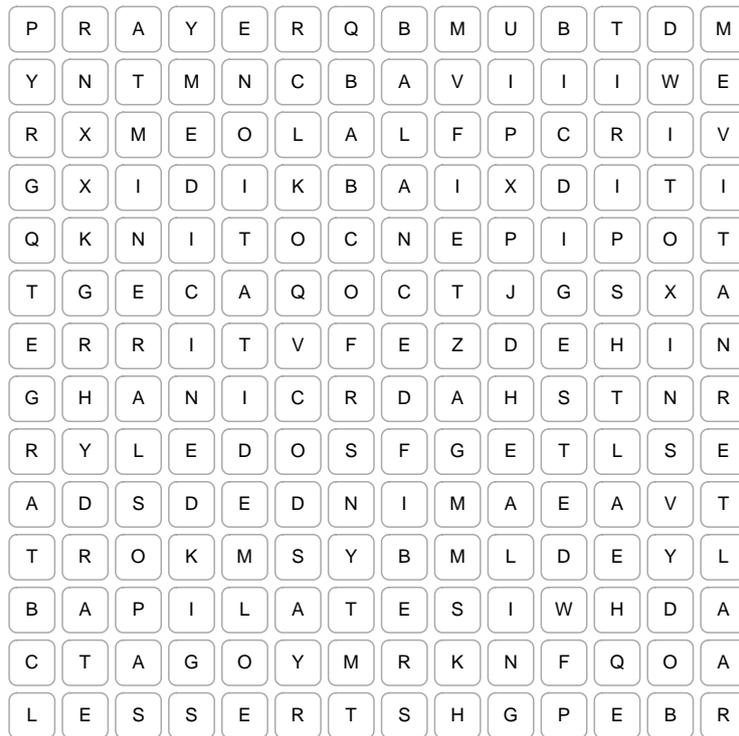


# HEALTHY BODY - HEALTHY SPIRIT

Can you find all the hidden words in this word search?

Words can go in the following directions: → ← ↓ ↑



<b>PRAYER</b>	<b>YOGA</b>	<b>MIND</b>
<b>ALTERNATIVE</b>	<b>MINERALS</b>	<b>BALANCED</b>
<b>FIBERS</b>	<b>TOXINS</b>	<b>DIGESTED</b>
<b>HEALTH</b>	<b>HEALING</b>	<b>TARGET</b>
<b>PILATES</b>	<b>HYDRATE</b>	<b>MEDICINE</b>
<b>STRESS</b>	<b>BODY</b>	<b>MEDITATION</b>
<b>SPIRIT</b>		

# Solution

P R A Y E R + B + + + T + +  
+ + + M N + + A + + + I + E  
+ + M E O + + L + + + R + V  
+ + I D I + + A + + D I T I  
+ + N I T + + N + + I P O T  
T + E C A + + C + + G S X A  
E + R I T + + E + + E H I N  
G H A N I + + D + H S T N R  
R Y L E D + + F + E T L S E  
A D S + E D N I M A E A + T  
T R + + M + + B + L D E Y L  
+ A P I L A T E S I + H D A  
+ T A G O Y + R + N + + O +  
+ E S S E R T S + G + + B +

(Over, Down, Direction)

PRAYER (0, 0, E)

YOGA (2, 12, W)

MIND (5, 9, W)

ALTERNATIVE (13, 1, N)

MINERALS (2, 2, S)

BALANCED (7, 0, S)

FIBERS (7, 8, S)

TOXINS (12, 3, S)

DIGESTED (10, 3, S)

HEALTH (11, 6, N)

HEALING (9, 7, S)

TARGET (0, 5, N)

PILATES (2, 11, E)

HYDRATE (1, 7, S)

MEDICINE (3, 1, S)

STRESS (2, 13, W)

BODY (12, 10, N)

MEDITATION (4, 1, N)

SPIRIT (11, 0, N)