

Healthy body, healthy spirit

Worksheet 1

STUDENT A's QUESTIONS (Do not show to Student B)

- 1) How is your health?
- 2) Do you do anything to stay healthy?
- 3) Do you worry about the health of those around you?
- 4) Do you ever worry about your own mental health?
- 5) Have you ever stopped doing something for your health?
- 6) What are the health risks associated with your lifestyle and environment?
- 7) What health problems do you worry about most?
- 8) What can you do to improve your health?

Healthy body, healthy spirit

Worksheet 1

STUDENT B's QUESTIONS (Do not show to Student A)

- 1) Do you worry about your health?
- 2) Are you a health-conscious person?
- 3) Do you read magazines or newspaper articles about health?
- 4) What things do you do that might damage your health?
- 5) How often do you have a health check?
- 6) Have you ever been in poor or ill health?
- 7) Who are the healthiest people in the world and why are they so healthy?
- 8) What are the best and worst jobs for your health?

Adapted from: <http://www.esldiscussions.com/h/health.html>